

BOWL FOOD MENU

Please select 1 cold item, 3 hot items and 1 sweet item

COLD

Sweet Potato and Spinach Frittata (V)
Smoked Salmon and Cream Cheese Blinis
Atlantic Tuna Salad Nicoise
Heritage Tomato and Basil Bruschetta (V)
Broccoli and Stilton Quiche (V)

MEAT

Lamb and Date Tagine with Cous Cous
Lincolnshire Sausages with Onion Gravy and Mustard Mash
Ragout of Chicken with Chestnut Mushrooms and Basmati Rice
Braised Shin of Beef with Caramelized Onions and Colcannon
Suffolk Chicken Korma, Bok Choi and Pilau Rice



FISH

Smoked Haddock with Wilted Spinach and Mashed Potatoes
Seared Salmon with Pesto Mash and Salsa Verde
Moroccan Fish Tagine with Cous Cous
Poached Salmon with Bok Choi and Lime Sauce
Lemon and Coriander Prawns with Quinoa

VEGETARIAN

Potato Gnocchi with Sage and Roasted Pumpkin
Peperonata with Polenta Cakes
Wild Mushroom Risotto
Spinach and Ricotta Tortellini with Roasted Almonds
Root Vegetable Cassoulet

SWEET

Chocolate and Orange Panna Cotta
Lemon Curd Posset
Mixed Berry Eton Mess
Crème Brulee
Potted Blueberry Cheesecake

