

INDIVIDUALLY PACKED MENUS

Individually packed working lunches, bento boxes and hot pots. Furthermore, all items are packed in biodegradable containers and bags.

All special dietary requirements and allergies can be catered for

LUNCH OPTIONS

SANDWICH LUNCH

£2.95 each

Chef's Choice of 2 individual mini sandwich packs
(1 round per person), pack of crisps
Variety includes meat, fish and vegetarian options

WORKING LUNCH

£7.95 each

Chef's Choice of 2 individual mini sandwich packs
(1 round per person), pack of crisps, exotic fruit, chocolate brownie
Variety includes meat, fish and vegetarian options

SALAD BOXES

£8.95 each

Organic chicken:

char grilled chicken breast strips on our own Caesar salad
with sourdough croutons and secret dressing

Poached salmon:

flakes of lemon infused Scottish salmon, free range egg,
avocado, broad beans, young spinach & French dressing

Tabbouleh:

Falafel, hummus, tomato, bulgur wheat, cucumber,
pomegranate & pickled cabbage.

HOT POTS:

£6.95 each

Thai Chicken:

Chicken, coconut, sweet potato, coriander, jasmine rice

The Italian:

Penne, tomato, meatballs, basil, parmesan

Chilli Beans:

Mixed beans, chilli tomato sauce, cumin, jasmine rice

Pasta Pesto:

Farfalle, basil, olive oil, pine kernels, garlic

Sports Pot:

Quinoa, lentils, sweet potato, spinach, red onion

Tuna Melt:

Farfalle, tuna, mature cheddar, mozzarella, beans, olives



BENTO BOXES:

£17.95 per person

Meat

Roast beef & horseradish sandwich, tandoori chicken wrap, local crudities, bacon & cheese quiche, roasted potato salad, spicy chicken wings, strawberry shortbread.

Chicken Caesar wrap, pastrami & mustard bagel, local crudities, lamb kofte with chilli sauce, Tabbouleh, falafel with hummus, carrot cake.

Chicken & mushroom tart, hoi sin chicken & spring onion wrap, local crudities, stilton & pork belly sausage roll, coleslaw, oven roasted cherry tomatoes, yoghurt & cranberry tiffin

Fish

Grilled salmon & rocket wrap, tuna & sweetcorn sandwich, local crudities, Thai fishcakes, smoked mackerel, stuffed vine leaves, English strawberries

Marinated prawn & avocado wrap, smoked salmon & cucumber sandwich, local crudities, king prawn tempura, cucumber, yoghurt & dill salad, haddock & lemon goujons, applewood smoked cheddar

Smoked salmon & cream cheese bagel, prawn & sweet chilli wrap, local crudities, rollmop herring, butterfly prawns, taramasalata, buttery flapjack.

Vegetarian

Free range egg & young spinach sandwich, mature cheddar & pickle roll, tomato & basil salad, beetroot hummus, broccoli & stilton quiche, bocconcini & pesto, chocolate eclairs

Onion bhaji, Somerset brie & cranberry sandwich, stilton & red onion quiche, marinated vegetable couscous, beetroot hummus, Shropshire blue & grapes, carrot cake

Free from... (gluten free, dairy free, nut free, vegan)

Falafel & spiced tomato wrap, roasted peppers, tapenade & rocket sandwich, local crudities, stuffed vine leaves, olives & grilled artichokes, chocolate brownie & strawberries

All rates quoted are subject to VAT



SWEET

POTTED DESSERTS

£3.95 each

Lemon curd posset
Strawberry Eton mess
Potted blueberry cheesecake
Exotic fruit salad
Chocolate mousse

CAKE SLICES

£2.75 each

Chocolate fudge brownies
Carrot cake
Lemon drizzle

DAY DELEGATE RATE

We offer Day Delegate Rate option to include below items,
please contact us for pricing options

ARRIVAL:

Tea/coffee, mini breakfast, OJ

MID-MORNING:

Tea/coffee, biscuits

LUNCH:

Please pick one from below selection:

Bento Box Lunch

Salad box, mini sandwich, potted dessert

Hot pot, mini sandwich, potted dessert

(All lunches will be served with tea/coffee)

AFTERNOON:

Tea/coffee, selection of cake slices

All rates quoted are subject to VAT

